

MILK SERVICE GUIDANCE

Please follow the guidance below and contact your Nutrition Specialist if you have any questions.

1. Must serve at least two different kinds of milk at each meal, except EEC can offer one milk option.
2. Offering more than two different options is allowed if the guidelines below are followed (except EEC – see exceptions below).
 - One of the options must be Unflavored Milk.
3. No flavored milk allowed at Breakfast for any grade.
4. EEC: No flavored milk at any meal and only offer the 6 oz. carton for White Low-Fat Milk. See exceptions below.

| MILK OPTIONS AVAILABLE – MUST SERVE AT LEAST TWO DIFFERENT OPTIONS EACH MEAL | | | | | | |
|--|--|--|--|---|---|----------------------|
| MEAL | White, Low-Fat, 8oz. | White, Non-Fat, 8oz. | White, Lactose Free, Non-Fat, 8 oz. | Chocolate, Non-Fat, 8 oz. | Strawberry, Non-fat, 8 oz. | White, Low-Fat, 6oz. |
| BREAKFAST | Not for EEC unless an emergency and 6 oz. is not available | Not for EEC unless requested by parent | Not for EEC unless requested by parent | <i>Not Allowed for any grade</i> | <i>Not Allowed for any grade</i> | Only for EEC |
| LUNCH | Not for EEC unless an emergency and 6 oz. is not available | Not for EEC unless requested by parent | Not for EEC unless requested by parent | Can Serve Chocolate and Strawberry, as long as there is a third option that is unflavored milk. | Not Allowed for students under 4 years in EEC, PALS, or CSPP | Only for EEC |
| | | | | Not Allowed for students under 4 years in EEC, PALS, or CSPP | | |
| SUPPER | Not for EEC unless an emergency and 6 oz. is not available | Not for EEC unless requested by parent | Not for EEC unless requested by parent | Can Serve Chocolate and Strawberry, as long as there is a third option that is unflavored milk. | Not Allowed for students under 4 yrs. in EEC, PALS, CSPP, or AECP | Only for EEC |
| | | | | Not Allowed for students under 4 yrs. in EEC, PALS, CSPP, or AECP | | |
| SNACK FOR EEC | Not for EEC unless an emergency and 6 oz. is not available | Not for EEC unless requested by parent | Not for EEC unless requested by parent | Not Allowed for students under 4 yrs. in EEC, PALS, CSPP | Not Allowed for students under 4 yrs. in EEC, PALS, CSPP | Only for EEC |